



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:00						
09:30		Pre-School 1 9:30am-10:15am			Pre-School 1 9:30am-10:15am	Acro Novice
10:00						Acro NDP
10:15						9am-11am
10:30		Pre-School 2 10:30am-11:15am			Pre-School 2 10:30am-11:15am	Acro Elite
11:00						
11:15						
11:30						
12:00						Acro CDC
12:30						11:15am-1:15pm
13:00						
13:15						
13:30						
14:00						Aerobics FIG
14:30						Aero Dev 1:30pm-2:30pm
15:00						Aerobics RAC
15:30						Aero Beg 1:30pm-2:30pm
16:00	General Gym 1	Acro NDP	General Gym 1	General Gym 1	Advanced General Gym	Tumbling Club
16:15	4pm-5pm		4pm-5pm	4pm-5pm		4pm-5pm
16:30		4pm-6pm	Tumb Beg & Adv	4pm-6pm	4pm-6pm	Tumb Nat
17:00			Tumb Club & Nat			4pm-5:30pm
17:15	General Gym 2	Acro Elite	5pm-6pm	General Gym 2		
17:30	5:15pm-6:15pm	Acro Elite	5pm-6pm	5:15pm-6:15pm		
18:00						
18:15		Aerobics NAC & FIG	Acro CDC	Acro Elite	Parkour 1	
18:30					6pm-7pm	
19:00						
19:15	Aerobics NAC					
19:30	Aerobics Dev & FIG				Parkour 2 & 3	
20:00		6:15pm-8:15pm	6:15pm-8:15pm	6:30pm-8:30pm	7:15pm-8:15pm	
20:15	6:30pm-8:30pm					
20:30						