



Class Timetable

<u>CLASSES</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
Stay & Play			9.30 – 11.00am			
Pre – School Gym (Caterpillars Walking to 2yrs)			11.00 – 11.45am			
Pre – School Gym (Butterflies 3 – 4yrs)			11.00 – 11.45am			
After School Class Parkour Castle Batch	3.15 – 4.00pm					
General Gym 4-7yrs	4.30 – 5.30pm			4.30 – 5.30pm	4.30 – 5.30pm	
General Gym 8yrs +	5.40 – 6.40pm			5.40 – 6.40pm	5.40 – 6.40pm	
Free G (Freerunning & Parkour)		7.45 – 8.15pm				
Parkour					6.30 – 8.00pm (Age 7 - 11) 8.00 – 9.30pm (11+ yrs)	
Advanced Class					4.30 – 6.30pm	
Artistic Class			4.30 – 6.30pm	6.30 – 8.30pm		
Artistic Mini 5yrs +			4.30 – 6.30pm			
Tumbling Class (Beginners)			6.30 – 7.30pm			
Tumbling Squad			6.30 – 7.30pm			
Acrobatics & Tumbling Squad		4.30 – 7.30pm	4.30 – 6.30pm			10.00 – 12.00pm (Grade 1- 3) 12.00 – 2.00pm (Grade 4 & Above)
Aerobics Beginners						2.00 – 3.00pm
Aerobic Development Squad	6.30 -8.30pm					2.00 – 3.00pm
Aerobics NAC & RAC Squad	6.30 – 8.30pm			5.00 – 7.00pm		3.00 – 6.00pm
Aerobics FIG Squad	6.30 – 8.30pm	5.30 -7.30pm		5.00 – 7.00pm		3.00 – 6.00pm
Home Ed Class		10.00 – 11.00am				